

- Have Additional Info? - This document is 2 pages. This is **Page 1**, provided if you wish to add additional information to accompany the user's Health Profile Form for AUTISM. You can either print page 1 and fill it out by hand OR open this screen-fillable form using the free Adobe Reader App. Save this file frequently while filling it out. To print page 1 only, go to the "Print" dialogue box, UNcheck print "All" pages. Check "Pages" and type in "1-1". To print pages 1-2 as a double-sided document, make sure "All" pages is checked. UNcheck the grayscale B&W option, click the "Printer" tab at bottom, check the box for "2-sided" (or "Print on both sides of paper"). Specify "Short-Edge binding" (or "Flip on Short Edge"). Print. Observe that both sides of the form are in relative alignment to each other by holding the paper up to the light. Trim on dotted line, fold into a tri-fold, insert into the user's MediPal ID holder.

Thank you for being a part of the MediPal ID family. Be well!

TIPS for Interacting with persons with Autism

- Display calming body language, give person extra personal space.
- Use simple concrete terms, avoid metaphors and slang; speak slowly and give extra time for them to reply.
- The person may wander with no fear of real danger; attracted to water/roadways.
- Very likely person has high anxiety and will display adverse, possibly aggressive behavior. Given time and space they may deescalate their behavior.
- The person may be extremely sensitive to lights, sounds, smells or touch.
- The person may repeat your words/ phrases/body language. Try using pictures or fill in the blank questions.
- Each individual with autism is unique and may act or react differently.

Additional Information for:

Name: _____

MediPal Inc.
Saving Time Saves Lives



I thrive on routine which includes:

I am bonded to a specific object(s) which is:

TIPS and Symbol Communication Tool - This is **Page 2**, provided if you wish to print and include it with MediPal's Health Profile Form for AUTISM. To Print *this page only*, go to the "Print" dialogue box, UNcheck the grayscale B&W option. UNcheck print "All" pages and specify to print page 2 only by checking "Pages" and typing in "2-2". To print *pages 1-2 as a double-sided document*, again make sure to UNcheck the grayscale B&W option and click the "Printer" tab at bottom, check the box for "2-sided" (or "Print on both sides of paper"). Specify "Short-Edge binding" (or "Flip on Short Edge"). Print. Observe that both sides of the form are in relative alignment to each other by holding the paper up to the light. Trim on dotted line, fold into a tri-fold, insert into the user's MediPal ID holder.

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Communication Tool

